

SKILLS AND PROFESSIONAL ASSOCIATIONS

Psychotherapy and Group Work

Individual counselling (short and long term)
Group work (Support, Growth and Experiential, Self-Help, Counselling and Therapy)
Public speaking and program development

Associations and Membership

Registered Psychotherapist - College of Registered Psychotherapists of Ontario, # 003240 (CRPO)
Member - Ontario Association of Counsellors, Consultants, Psychometrists and Psychotherapists (OACCPP)
Member - Bereaved Families of Ontario (BFO)
Member - Canadian Virtual Hospice

WORK HISTORY

KovenCounselling – Registered Psychotherapist	2012-present
Registered Psychotherapist in private practice Culturally sensitive counselling with a specialty in bereavement, trauma and special losses (individuals, families and groups)	
Temple Sinai Congregational School - Principal	1985-2012
Supervised and managed 3 departments, 250 students and 50 staff and volunteers Grades JK – 10, Family Education Developed community service opportunities	
Dellerest Children's Centre - Child Care Worker	1976-1978
Group home staffer and initiated home visit programming	

VOLUNTEER HISTORY

Bereaved Families of Ontario - Counsellor	2012- present
Group and Individual counselling	
Sistering- Community Facilitator	2014
Designed and facilitated "Developing Self-Esteem", 10 week group for women experiencing homelessness, abuse, and mental and physical illness	
Princess Margaret Hospital, Psychosocial Oncology Department – Counsellor	2009-2013
Healing Beyond The Body program. Individual counselling and after-shift group facilitation for volunteers	
Jewish Vocational Services: Intake Officer	1981
Intake and assessment interviewer	

EDUCATION

Master of Counselling Psychology, Yorkville University Fredericton, N.B.	2014
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Charlotte Koven M.A., RP
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B.A., Psychology and Fine Arts, York University Toronto, ON	1975
Diploma, Child Care, George Brown College Toronto, ON	1976

ADDITIONAL SKILLS AND TRAINING

Certificate, ASSIST: Applied Suicide Intervention Skills Training	2015
Advanced certificate Grief and Trauma Counselling Faculty of Social Work, University of Toronto, Continuing Education, and Canadian Centre for Bereavement Education and Grief Counselling	2014
Certificate, Solution Focused Brief Therapy, The Adler Institute for Professional Studies	2012
Certificate, Bereavement Education, Faculty of Social Work, University of Toronto, Continuing Education, and Canadian Centre for Bereavement Education and Grief Counselling	2012
Certificate, Level 1 Training, Brain Gym, (educational kinesiology)	2002
Certificate, Family Education, Whizin Institute, University of Judaism, California	2000

INTERESTS/ACTIVITIES

Art
Theatre
Dance
Politics
Social Justice

References Available Upon Request